

# Salisbury Composite High

## P. E.10 Performance Points (PEPP)

General Outcome	Excellent Consistently	Proficient Frequently	Adequate Occasionally	Limited Rarely
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<b>Activity</b>	<b>Students will acquire skills through a variety of developmentally appropriate movement activities</b>
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A10-1 Locomotor	Demonstrate and work to improve skills appropriate to the activity to enhance personal performance. (Movement has positive effect on play)
A10-5 Manipulative	Demonstrate and try to improve ability to send and receive an object.
A10-10 Application	Demonstrate and apply specific skills to a variety of games.

<b>Benefits of Health</b>	<b>Students will understand and appreciate the health benefits that result from physical activity.</b>
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B10-3 Functional	Sets appropriate goals to maintain personal fitness by using principles of training.
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<b>Cooperation</b>	<b>Students will interact positively with others.</b>
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C10-3 Fair Play	Demonstrates etiquette and fair play
C10-4 Leadership	Takes initiative and various leadership roles with enthusiasm. Tries new activities.
C10-5 Teamwork	Develop and apply practices that contribute to teamwork
C10-6	Demonstrates positive behaviors that show respect for self and others

<b>Doing It Daily</b>	<b>Students will assume responsibility to lead an active way of life.</b>
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D10-1 Effort	Demonstrates a commitment to an active lifestyle through daily participation in class
D10-3 Safety	Applies safety standards, rules, routines and procedures in a variety of activities.
D10-5 Safety	Demonstrate first aid CPR skills