



Tuesday, September 9, 2025 – Day 2

Student Events and Meetings:

tânisi Sabres! Please be aware that Mrs. Willman and her Indigenous Studies Class will be smudging with sage weekly on Mondays (during class time). It is very likely you will be able to smell the smudge throughout the school, but we will post signs, open the window, and go outside when we can.

If you would like to learn more about smudging and medicines, please see Mrs. Willman in room 192.

- **Debate, Speech and Model UN Club:** There will an important meeting today after school in Room 262 for all students interested in Debate, Speech or Model UN. If you are unable to attend, please contact Mr. Tomkins or Mr. Stamatopoulos.
- **Jazz Band:** Anybody interested in joining the Jazz Band, there will be a meeting room **today** after school in the music room at 3:30 pm.
- **GSA:** Meetings will be held throughout the year on **Thursdays** at lunch in the SAIL Room (240). All are welcome to attend.
- **Photos:** Friday, September 12, is the day for any students who have missed getting their photos taken on the registration days. Retakes will take place on October 14.
- **Robotics Club:** There is a mandatory meeting for anyone interested in the Robotics Club on **Friday** after school in room 140.
- **Reach for the Top:** Are you really good at trivia? Reach for the Top is Canada's team trivia competition! We are looking for any students interested in giving this a try, all are welcome, no matter your trivia focus. We will have our meetings on Mondays at lunch in room 179. If you have any questions, please contact Mr. Tomkins or Mrs. Rawluk.

- **Discovery Days:** Salisbury has a very limited number of spots available for grade 11 students interested in attending Discovery Days in Health Sciences. The event will take place on October 16 at the University of Alberta and is an opportunity to explore a variety of health science-related careers. Students must have their own transportation to and from the event. If you are interested, please see Ms. Footz in Guidance on or before September 15 to put your name on the list. If there are more interested students than available spots, there will be a draw to determine attendees.

Student Information:

- **Post Secondary Presentations:** The following Information presentations will be held in the cafeteria at 2:30 p.m.
 - September 10 – MacEwan University
 - September 17 – University of Alberta
 - September 24 – NAIT
- **Wellness Centre:** The Wellness Centre will be open after school for any students who wish to workout starting on Tuesday, September 2. All are welcome to workout in the facility, no matter comfort level or experience, it's FREE!

Operational times:

Wednesday 2:20 - 3:30 p.m.

All other weekdays 3:20 - 4:30 p.m.

Please see Mr. Chabaylo or Ms. Monea if you have any questions.

Athletic Information:

- **Athletics Calendar:** Please see the [Athletics Calendar](#) for this week's activities.

SAL Cafeteria:

Weekly Menu is attached.



Cafeteria Highlights

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Daily Soup Dill Pickle Special Wrap Spicy Chicken Wrap \$5	Special Wraps Spicy Chicken Wrap Grilled Veg Wrap with Basil Dressing & Goat Feta \$4	\$5 Special Beef Crunch Wrap Supreme With salsa and sour cream	Daily Soup Creamy Tomato \$5 Special Combo Tomato Soup & Grilled Cheese	Pizza Donair Pepperoni Italian Sausage Cheese Hawaiian Vegetarian \$2 Fresh Doughnuts! Glazed Doughnut, Boston Cream, & Bavarian Cream