



Tuesday, September 16, 2025 – Day 1

### Student Events and Meetings:

- **Debate:** All students interested in debate are expected to attend meetings after school on Tuesdays in room 236 starting **today!**
- **Reach for the Top:** We are still looking for any students that are interested in trying out Reach for the Top trivia! Please come to room 179 at lunch on Mondays. You do not need a team of four, just bring your big brain!
- **Terry Fox Run:** The Salisbury Terry Fox run and walk will be on Thursday, September 18, after block 2. We will run a [modified schedule](#) that day. We will be fundraising in our block 2 classes. The class with the highest percentage of their class participating (minimum \$2 donation per student) will get a frozen treat the next day. The class with the most money raised will win a hot lunch for the whole class.

You can donate cash to your block 2 teacher or by using the QR code here and on posters around the school.



- **Model UN:** All students interested in Model UN are expected to attend meetings on **Thursdays** at lunch in room 191 starting this week!
- **Sports Medicine:** The [Sports Medicine store](#) is now open until September 25.

### Student Information:

- **2024-2025 Yearbooks:** The 2024-2025 Yearbooks are now available in the Lower Library. If you are interested in working on the 2025-2026 Yearbook our first meeting will be held during lunch in room 133 on Wednesday, September 24.

- **Castle Rock Study Guide:** Salisbury Composite High School has partnered with [Castle Rock Research](#) to offer students a special discount on study guides in Mathematics, English Language Arts, Science, and Social Studies. These print and digital resources are aligned with the Alberta curriculum and have been updated to reflect the 2025-26 curriculum. They are an excellent support for all students, including those preparing for finals and diploma exams. Orders can be placed between September 15-30 and will be delivered to the school. Use this [link](#) to place your order.
- **Post Secondary Presentations:** The following Information presentations will be held in the cafeteria at 2:30 p.m.
  - September 17 – University of Alberta
  - September 24 – NAIT

### **Career Pathways:**

- **Dual Credit Opportunity:** There are several spots left for the Health Care Aide Dual Credit Course. See Ms. Entrup for more [information](#).
- **Registered Apprenticeship Program:** On Wednesday, September 24, Meet with Ms. Entrup from Career Pathways & Jel Pacheco from Careers Next Generation during lunch time from 11-11:30 a.m. in room 143. Here you can sign up for Prerequisite Modules like HCS3000 & HCS3010; learn about the RAP program and see how Careers Next Gen. can help you find an apprenticeship. Parents are welcome to attend!

### **Athletic Information:**

- **Athletics Calendar:** Please see the [Athletics Calendar](#) for this week's activities.

### **SAL Cafeteria:**

Weekly Menu is attached.



# Cafeteria Highlights

Week 4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Special</b> Caesar Salad</p> <p>Spinach Salad with Poppy Seed Dressing, Apple, Goat Feta, Almonds</p> <p>Fruit Cups</p>	<p><b>Special</b> \$8 Reuban with Fries &amp; Pickle</p>	<p><b>Special</b> Spicy Chicken Wrap \$6</p> <p>Caesar Chicken Wrap \$7</p>	<p><b>Special</b> Taco in A Bag \$5</p>	<p><b>Fresh Apple Fritter \$2</b></p> <p><b>Pizza</b> Donair Pepperoni Cheese Hawaiian Vegetarian</p>